

OCTOBER 2024

PROMISE Participant Newsletter

You're Invited

We invite our eligible participants to join us for any future mini and annual PROMISE webinars. Our next mini-webinar will be held via ZOOM on December 4th, 2024. Keep an eye out for updates.



PROMISE by the Numbers



3,900+

genetic tests
completed



380

participants are
eligible for long-
term follow-up



Voices of **Promise.**

Knowledge is Power: James' Story

When I was diagnosed with prostate cancer, I really wasn't sure what to do next. I met with my doctor, and she said let's look at your family history. When she looked at the information, she told me, "That family history combined with the fact that you have prostate cancer tells me that you really should have genetic testing."

[Click here](#) to watch the video.



Clinical Trial Spotlight

Cascade Genetic Testing in Families Study →

The purpose of the study is to learn about barriers to cascade genetic testing (CGT) that prostate cancer patients and their families face. Cascade testing is the performance of genetic testing and counseling in blood relatives of individuals who have already been identified with specific genetic mutations. If there is a known cancer risk gene in the family, this study offers family members free genetic testing to help us learn how to improve the process for families.

FDA Approved

Enzalutamide Gets Added Approval for Prostate Cancer That Hasn't Spread →

The Food and Drug Administration's (FDA) has expanded the approved uses of enzalutamide (Xtandi) to treat people with prostate cancer that hasn't spread, or metastasized, to other parts of the body. Under this new approval, enzalutamide can now be used alone, or in combination with leuprolide, to treat nonmetastatic prostate cancer that is castration sensitive.

Join Us

If you are in the area, join us at these upcoming in-person educational events! Meet the team at the PROMISE Registry table.

Event Name	Location/Date	Details
YourProstateCancerHelp Conference by Jan Manarite	The Villages, FL November 9th 2024	Tickets to the event: FREE Conference for Prostate Cancer Patients & Caregivers Website: Your Prostate Cancer.Help

Prostate Cancer in the News

TIME

Prostate Cancer: Talk Openly

Keeping a prostate cancer diagnosis secret may seem protective, but it can lead to increased stress and isolation. Encouraging open dialogue can improve outcomes and support systems.

Learn more:

<https://tinyurl.com/5dwzsj6r>



Heart Health in Prostate Cancer

Heart disease is a leading cause of mortality for people with prostate cancer. Prostate Cancer Foundation recently hosted a webinar to discuss the importance of diet and exercise during and after diagnosis. Learn the latest on science-backed nutrition and exercise for people with prostate cancer.

Watch the full webinar here:

<https://tinyurl.com/jrj9wn4b>





The Doctor is In

Have a question? Lead PROMISE researchers Drs. Paller and Cheng, and Genetic Counselor Justin Lorentz are here to help. Just email your questions to pcctcpromise@mskcc.org. While we may not be able to respond to every individual query, we'll gather common themes and provide answers.

What is the difference between genomic or somatic testing vs. DNA or germline testing?

- ✓ Germline testing, often synonymous with genetic testing, also called DNA testing, identifies inherited gene mutations. This testing provides information about inherited cancer risk and potential cancer treatments. PROMISE offers genetic or genomic testing.
- ✓ Somatic testing identifies gene mutations that are not inherited. Somatic testing is done to help find the best medication or treatment for an individual tumor or cancer. Somatic testing does not provide information about inherited risk for family members.
- ✓ Genomic testing, often synonymous with genetic testing, can also refer to the comprehensive analysis of all genes.

PROMISE Reminders



Did you finish your PROMISE Registration?

If you have not completed your registration (i.e., have not received your saliva sample kit, returned your saliva sample kit, or did not claim a kit), please sign into your Color account and complete registration. Completing registration may help you and your family learn more about your potential hereditary risks for prostate cancer.

Click here to finish registration with our genetic testing partner, Color: www.color.home.com. If you need assistance, Color's Support team contact information is available in the How to Reach Us section.

Promise.

To learn more about PROMISE, browse our website:

www.prostatecancerpromise.org.

How to Reach Us

PROMISE STUDY TEAM

Hours of Operation

Mon. – Fri., 9 am to 5 pm EST

Phone Number

(646) 449-3363

Email

pcctcpromise@mskcc.org

COLOR SUPPORT

When reaching out to Color Support, be sure to inform them that you are a participant in the PROMISE study.

Hours of Operation

Mon. – Fri., 6 am to 5 pm PST

Phone Number

(844) 352-6567

Email

support@color.com

Social Media Channels



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